



Jack B's Bar Lounge Menu
Mon-Sat 12pm-3pm

Soup of the Day €7.50

Served with Soda bread
(2 wheat, 7, 14)

Sligo Seafood Chowder €12

A medley of fresh fish in a light
seafood velouté, with homemade
Guinness bread
(1, 2 wheat, 5, 7, 14)

Free Range Irish Egg & Cress €13

Served on homemade Guinness
bread (2 wheat, 4, 7, 14)

Cajun Spiced Chicken Wrap €15

Cajun chicken, rocket, roasted red
peppers, mango & lime mayonnaise,
served with sweet potato fries

**Boston Prawn and Melon Cocktail
€13**

Marie rose and Guinness bread (2
wheat, 3, 4, 7, 14)

**Soup of the day and sandwich
combo with 3 fillings €13.95**
(2 wheat, 4, 5, 7, 9, 14)

Triple Decker Chicken Club €16

Grilled Chicken & Bacon, lettuce,
tomato with garlic mayo served with
fries (2 wheat, 4, 7, 14)

Crispy Goats Cheese Salad €14

Rocket, pomegranate, red onion jam
and roasted red peppers (2 wheat, 4,
7, 14)

Sweet Chili Salmon Salad €16.50

rocket, cucumber, pomegranate &
pickled fennel
(5, 14)

**Tomato, red onion and Basil
Bruschetta €11**

With sun dried tomatoes and sticky
balsamic glaze (2 wheat, 14)

Sandwich Selection €8

Freshly Made Sandwich
Choice of fillings: ham, chicken, tuna,
cheese, salad, lettuce, onion, tomato,
and cucumber
(2 wheat, 4, 5, 7, 9, 14)

1 celery, 2 cereals containing gluten, 3 crustaceans, 4 egg, 5 fish, 6
lupin, 7 dairy, 8 molluscs,
9 mustard, 10 tree nuts, 11 peanuts, 12 sesame seeds, 13 soya, 14
sulphites

Jack B's Bar Lounge Menu
Available from 11am

Tea-

Selection of herbal tea	€4.30
Green, Earl grey, Rooibos, pure white tea, Camomile, red Berries, peppermint	
Bewleys traditional tea	
Small pot	€4.15
Large pot	€5.65

Coffee-

Americano	€4.10
Espresso	€4.00
Double Espresso	€4.40
Cappuccino	€4.45
Flat White	€4.40
Latte	€4.40
Hot Chocolate	€4.60

All Teas's and Coffee's may contain Dairy products.

They can be served with the following milk or alternate milk offerings:

- Whole Milk(7)
- Low-fat milk (7)
- Soya(13)
- Oat(2)
- Almond(10)

Freshly baked-

Fruit Scone & Cream	€4.25
Homemade fruit scone with strawberry jam and Cream (1,2,7)	

**Coffee and cake of the day
€9.50**

Any coffee and piece of cake, ask server (2 wheat,,4,7,14)

Alcoholic Hot Beverages-

Irish coffee	€7.95
Whiskey (7)	

Bailey's Coffee	€7.95
Baileys(7)	

French Coffee	€7.95
Hennessy(7)	

Bailey's hot Chocolate	€8.95
Baileys(7)	

Hot Whiskey	€7.50
Whiskey, lemon ,cloves	

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lupin,7dairy, 8 molluscs,
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sulphites