

STARTER

Soup of the day €7.50

Contains - celery, milk

Caesar salad, crisp cos lettuce, garlic croutons, cherry tomato, bacon lardons, parmesan, Caesar dressing. Starter €9.50 Main €14.50

Add chicken €3.50, smoked salmon €4.00, prawn €4.00

Contains-celery, sulphites, milk, wheat, egg, fish

Jack B's spicy Korean chicken wings served with a side salad Starter €9.50 Main €17.50

Contains- wheat, sulphite, mustard, nut

Atlantic seafood chowder served with brown soda bread Starter €9.50 Main €14.50

Contains- celery, sulphites, shellfish, fish, milk

Super food salad, quinoa, pomegranate, beetroot, feta cheese, olives, broccoli, toasted walnuts, cider dressing Starter €9.50 Main €14.50

Contains-sulphites, milk, nuts, wheat, egg

Crab cake, avocado puree roasted red pepper coulis €9.95

Contains- sulphites, fish, milk, wheat, egg, nut

MAIN COURSE

Grilled 100% Irish beef burger, streaky smoked bacon, Monterey cheese, tomato, In house pickled vegetables on a toasted brioche bun with chips €18.95

Contains-sulphites, milk, wheat, egg

Panko breaded fillet of Atlantic cod, skinny chips, tartare sauce, chargrilled lemon €18.95

Contains- milk, sulphites, fish, wheat, egg

MAIN COURSE cont'd

Asian chicken burger, soy mayo, crispy chips and Asian slaw €18.95

Contains- sulphites, wheat, egg, milk

Homemade piri-piri chicken goujons, chunky chips, mixed leaf salad and garlic dip € 18.95

Contains- sulphites, milk, wheat milk, egg, nut

Grilled 8oz sirloin steak, grilled flat mushroom, with a choice of pepper sauce or garlic butter €30.95

Contains- sulphites, egg wheat, milk

Vegetarian Thai yellow curry served with jasmine rice and a popadom €17.50

Add chicken €3.50, prawn €4.00

Contains - celery, sulphates

Stone baked 12" Pizza

Classic margherita pizza €14.95

House tomato sauce and melted mozzarella

Contains - wheat, dairy

Barbecue chicken and bacon pizza €16.50

Barbecue sauce, chunky chicken, bacon, and mozzarella

Contains - wheat, dairy, sulphites

Goat's cheese and Clonakilty black pudding, tomato sauce base €16.50

Contains- milk, wheat, sulphites

Pepperoni pizza €16.00

House tomato sauce and melted mozzarella

Contains - wheat, dairy

Daily specials are attached to the menu